

Activity Name: A Visit to our Elders

Purpose: To brighten someone's day

Time: Depends

Materials: a bag or basket of [mishloach minot](#) for each person receiving a visit

Preparation: Check out the SAGE website to find an affiliate near you (<http://www.sageusa.org/advocacy/sagenet.cfm>) and inquire about queer Jewish elders in your area who would appreciate a visit.

Notes: It is a Jewish tradition to visit the elderly and bring gifts of sweets on holidays such as Purim and Hanukkah. This mitzvah is especially important when we consider the queer elderly who may have lost contact with their families long ago upon coming out. SAGE has affiliates across the United States.

Activity: Visit elderly LGBT people in your community. Make a new friend!